

THE TIDEWATER AREA SERVICE COMMITTEE OF NARCOTICS ANONYMOUS MINUTES

APRIL 10, 2022

The meeting was held via Zoom and opened by the Chair Fred R at 2:02 pm with a moment of silence followed by the Serenity Prayer.

READINGS of the following:

12 Traditions	Kim N
12 Concepts	Olena P
Statement of Purpose	Elaine H

ADMINISTRATIVE COMMITTEE MEMBERS ROLL CALL

CHAIR	PRESENT
VICE CHAIR	VACANT
TREASURE	PRESENT
ASSISTANT TREASURE	VACANT
POLICY CHAIR	PRESENT
SECRETARY	PRESENT
ASSISTANT SECRETARY	VACANT
RCM	PRESENT
ALTERNATE RCM	VACANT
VRCC	PRESENT
ALTERNATE VRCC	VACANT
PUBLIC RELATIONS CHAIR	PRESENT
SPECIAL EVENTS	VACANT
TACNA CONVENTION CHAIR	PRESENT
LITERATURE CHAIR	ABSENT
H&I CHAIR	PRESENT

HOME GROUP ROLL CALL

AGAPE	PRESENT
BACK TO BASCIS	ABSENT
BACK TO LIFE	PRESENT
BASIC MATH 12&12	PRESENT
BETTER DAYS	PRESENT
FREEBIRD	PRESENT
FREEDOM OF CHOICE	PRESENT
GOT TO HAVE IT	ABSENT
IT'S ABOUT TIME	PRESENT
JUST FOR TODAY	PRESENT
KEEP COMING BACK	ABSENT
MIRACLES CAN HAPPEN	ABSENT
MIRACLE ON 9 TH BAY	ABSENT
MIXED GROUP	ABSENT

MONDAY NIGHT CANDLELIGHT	PRESENT	
MORNING MEDITATION	ABSENT	
MORNING MEDITATION (ZOOM)	PRESENT	(LITERATURE)
NEW BEGINNINGS	ABSENT	
NEW PHASE IV	PRESENT	
OVER AND BEYOND	PRESENT	
RELATIONS IN RECOVERY	ABSENT	
RAW RECOVERY	PRESENT	
RECOVERY ON THE HILL	PRESENT	
SHARING THE HOPE	PRESENT	
SPIRITUAL AWAKENING	ABSENT	
STRAIGHT AHEAD	PRESENT	
SURRENDER AND RECOVER	ABSENT	
SURRENDER TO LIVE	PRESENT	
THE POINT OF FREEDOM	ABSENT	
WE CAN CHANGE	PRESENT	
WECOVERY	PRESENT	
WE NEED A MEETING	PRESENT	

QUORUM WAS ESTABLISHED/18 GROUPS TO START THE MEETING/20 GROUPS TOTAL

NEW GSR's -	Edward S	Straight Ahead
	Amber O	Surrender to Live
	Chris C	WECOVERY

OPEN FORUM:

Rudolph	17 years	May 14th	Surrender To Live
Constantine	3 years	May 18th	Straight Ahead
Cat P	4 years	May 28th	Morning Meditation Literature

FACE TO FACE MEETINGS:

Back to Life	Needs support
New Phase IV	Needs support
Relationships in Recovery	Needs support

APPROVAL OF LAST MONTH'S MINUTES: Motion made by Olena P /2nd by Gus G
18 YAYS/0 NAYS/1 ABSTENTIONS

NEW MEETINGS: Surrender To Live / WECOVERY

ADMINISTRATIVE REPORTS/QUESTIONS/DISCUSSION:

CHAIR	ATTACHED
VICE CHAIR	VACANT
TREASURE	ATTACHED
ASSISTANT TREASURE	VACANT

POLICY CHAIR	ATTACHED
SECRETARY	VERBAL
ASSISTANT SECRETARY	VACANT
RCM	ATTACHED
ALTERNATE RCM	VACANT
VRCC	VERBAL
LITERATURE CHAIR	NO REPORT
VICE LITERATURE CHAIR	VACANT
PUBLIC RELATIONS (PR)	ATTACHED
SPECIAL EVENTS	VACANT
CONVENTION CHAIR	NO REPORT
H&I	ATTACHED

OLD BUSINESS

OPEN POSITIONS ie.,

**VICE CHAIR
ASSISTANT TREASURE
ASSISTANT SECRETARY
ALTERNATE RCM
ALTERNATE VRCC
ASSISTANT VICE LITERATURE CHAIR
SPECIAL EVENTS**

NEW BUSINESS:

**Open commitments: Drug Court, Salvation Army and Norfolk City Jail 12:30-1:30 every other Thursday.
July 9, 2022 Learning Day 11-4 pm Free Mason Baptist Church Food and Refreshments
GSR vote to return to face to face meeting for Area
Motion made by David A/2nd by Jen J
5 Yays/10 Nays/1 Abstention**

MOTIONS: NONE

POINT OF INFORMATION: Please send back to Home Groups, the need for support and information about all vacant service positions at Area! Nominations for standing positions only.

**MEETING MOTION TO CLOSE: Jen J/2nd by Fred R
15 Yays/0 Nays/ 0 Abstentions**

MEETING CLOSED WITH THE SERENITY PRAYER: Fred R

In Loving Service Charmaine B/tascna123@outlook.com

TASCNA
CHAIRPERSON'S REPORT

April 10, 2022

Good afternoon family, I called one of the contacts at Norview United Methodist Church, and talked to him about their wifi, he said they have the same wifi service now, as they did when we were meeting there. I located the TASCNA Budget Form, both on Excel, & Word, & sent it to Charmaine to send out with the minutes. It is for the GSR's to review, and for the subcommittee chairperson's to write in what they think their budget needs to be, & so we can have a Budget Committee meeting at some point, get it to the GSR's to approve or not, so we can hopefully get it into our Policy. Of course there are a few changes that will need to be made to it as a couple things such as IPAGE have changed to other companies.

In loving service,

Fred R.

TASCNA TREASURY

Date – 04/10/2022

Opening Balance – \$5763.39

Notes:
Check #1595 \$120.00
cleared

Home Group Donations – \$ 348.60
Literature Sales – \$ 2155.55
Sub-Committee Donations – \$
Reimbursements – \$
Other – \$
Total Income - \$ 2504.15

Expenses:

Rent (NUMC) – \$
TASCNA Printing – \$
Free State – \$ 1803.80
Post Master – \$
Chair – Fred R. \$
Vice-Chair – \$
Treasurer – Chris M. \$
Vice-Treasurer – \$
Secretary – Charmaine B. \$
Policy – \$
RCM – Roland C. \$
VRCC – Chris P. \$
Public Relations – Sam D. \$ 120.00
Literature – Pasty C. \$
Special Events – \$
H & I – Elaine H. \$
CARNA Donations – \$
USPS – \$
Bank of America \$
Dex Media – \$
Twillio - \$ 11.27
Zoom \$ 31.48
EIG*iPage - \$
Total Expenses – \$ 1966.55

Anne reimburstment Web page

Automatic Payment

Automatic Payment

Automatic Payment

Annual Automatic Payment

Balance - \$ 6300.99
(Total expenses subtracted from total income)

Prudent Reserve – \$(4000.00)

True Balance Total - \$1763.39

(1)

Home Group Donations For: 03/13/2022

New Phase 4 - \$35.00

Share the Hope - \$40.60

Over and Beyond - \$90.00

Morning meditation Literature - \$91.00

/ Back to Basics – \$50.00

/ Freebird - \$42.00

April 10, 2022

Hello family,

I would like to set up a time for Policy to meet on the Second Saturday of every month at 3 pm after the PR Sub-Committee meeting to discuss the information I have received from Fred R, and Roland C. to go through the current policy through line by line, investigate the old policy changes that were approved and were amended and the policy changes that were approved but never amended. I believe it is vital to identify the approved changes but not edited in the policy manual. I will also be investigating at the Policy Sub Committee meetings the spelling and grammatical errors that represent unclear communication within the policy manual. It is imperative that plain language is used to clarify the intent of policy so that everyone can understand the policy meaning. When we are finished with all the amendments, revisions, and additions from the Policy Sub-committee I hope we get approval to add links to the index that allow for a faster and more accurate search and reference for policy review clarification from the area body and GSR's. I appreciate your patience and understanding, and I thank you for letting me serve.

In loving service,

Becky B

RCM Report

Hi Family

Don't forget this Saturday the 16th is the zoom GSR assembly on the www.car-na.org website. The meeting will officially open at 10 am to 11:15 with reports from the executive body then 11:15-noon CAR/CAT Motion Discussion. From 12-1 lunch then 1pm – 2pm encouraging Service / making service attractive. 2:15 to 3:15 Mentorship in Service then 3:30 to 4 updates and wrap up. The CAR/CAT tally sheets are available under the Regional Delegate tab in the for our members section. Groups that have already taken their CAR/CAT Tally votes can register their results on the CAR-Na website now thru 4-23-22 when our Delegates will be tallying the results for the upcoming interim WSC. I will be attending the official regional meeting Sunday 4-17-2022.

ILS

Roland C

The Central Atlantic Region of Narcotics Anonymous

GSR ASSEMBLY 2022

Saturday April 16, 2022 • <https://us02web.zoom.us/j/828898368>

Call In: 646 558 8656 Zoom ID: 828 898 368

Our GSR Assembly is where Group Service Representatives (GSR's) and all others throughout our region come together. We hear reports from our Regional Trusted Servants, Continue our Planning process and (in an off conference year) have training, mentoring and best practices presentations. All times Eastern Daylight Savings

Hope to see everyone there!!

10:00 am - 11:15 am Reports from Executive body (10 minutes per policy)

11:15 am - 12:00 pm CAR/CAT Motion Discussion

12:00 pm - 1:00 pm Lunch

1:00 pm - 2:00pm Encouraging Service/Making Service Attractive

2:00-2:15 pm Break

2:15pm - 3:15 pm Mentorship in Service

3:15pm - 3:30 pm Break

3:30pm - 3:45 pm Updates

3:45pm - 4:00 pm Wrap up

For More Information Contact

Regional Delegate Randy D. (540)-327-3335

Regional Alternate Sherry V. (304) 261-040

Regional Atlternate 2 David H. (312) 545-5114

Email: carnadelegateteam@car-na.org

REGIONAL SERVICE CONFERENCE 10:00 AM

SUNDAY APRIL 17, 2022- 2014TH RSC

<https://us02web.zoom.us/j/828898368> time slots may vary slightly

Report for TASNA from Public Relation

Date 4/23/22

PR has been able to meet virtually during April. The subcommittee meets every 2nd Sat at 1:00. During the meet PR held a workshop on the second concept during Feb. Sat Jun 11 during the subcommittee meeting. Also discuss during the meet Ann will be conducting BMLT training Location Services Training. PR regional subcommittee meeting meets every other month. The regional subcommittee with be held May 21. The phonenumber is running smoothly and PR has been able regularly update meeting lists. Also was discuss sending minutes to be place on the webpage. In loving services Sam D



30th Annual Unity Day Picnic

Hosted by:
The HOW Group
&
Living the Program Group

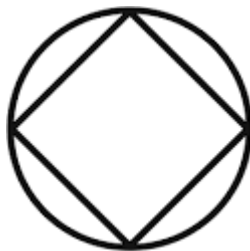
Sunday June 6, 2021 11 am until 4 pm

Bayville Farms Park
Shelter #3
Virginia Beach

Free

Food Fun and Fellowship
Volleyball and Basketball

No Pets



H&I chair report
Elaine H.
4/8/22

The following open commitments are:
Chesapeake drug court
Thursday 9-10 am
Average 20 members in attendance.

Salvation Army arc
Tuesday at 6:30-7:30pm
Averaging 45-70 in attendance

Norfolk city Jail (women's commitment)
They meet every other Thursday
12:30-1:30

SARP Portsmouth naval hospital is on pause until further notice due to mold in the facility.

Indian creek is ready for us to go into the facility. Waiting on confirmation of acceptance of our background checks. Possibly Monday and Wednesday we're the days they were interested in us coming into the facility.

We are looking to have a learning day / workshop for H&I July 9th which happens to be The day Jimmy K left this earth. 11-4pm at the Freemason Baptist Church! We plan to have speakers, mock presentation of the do's and don'ts, followed by questions and answers. There will also be food and refreshments.

We are also asking the budget committee when they will be meeting to discuss our annual budget. We are asking for a manual budget of \$500 to help deal with inflation.

In loving service: Elaine H.