

The Tidewater Area Service Committee of Narcotics Anonymous Minutes

4/12/2026

The meeting was held at Norview United Methodist Church & ZOOM and opened by Chair David A at 2:00 pm, with a moment of silence followed by the Serenity Prayer.

READINGS of the following:

12 Traditions Myles K
 12 Concepts Vincent
 Statement of Purpose Sara H

Administrative & Subcommittee Members Roll Call:

Chair (David A.)	P	VRCC vacant	-
Vice Chair (Johnathan W.)	P	Alternate VRCC vacant	-
Treasurer (Sabrina H)	P	Public Relations Chair vacant	-
Assistant Treasurer (Tara D)	P	Special Events Chair (Earl H)	P
Policy Chair (Gus G.)	A	TACNA Convention Chair (Crystal T)	P
Secretary (Mike K)	A	Literature Chair vacant	-
Assistant Secretary (Joseph L)	P	Literature Vice Chair vacant	-
RCM (Anthony A)	A	H&I Chair (Sarah Y.)	P
Alternate RCM vacant	-		

Home Group Roll Call:

AGAPE	P	MORNING MEDITATION LITERATURE (ZOOM)	P
A GIFT CALLED LIFE	A	NAME-LESS	A
BACK TO BASICS	P	NEW BEGINNINGS	A
BACK TO LIFE	P	NEW PHASE IV	A
BASIC MATH 12 & 12	P	OVER AND BEYOND	A
BETTER BY THE BAY	P	RAINBOW SERENITY	A
BETTER DAYS	A	RECOVERY ON THE HILL	P
END OF THE NIGHT	P	RUNNING ON FAITH	P
GIRLS NITE OUT	A	SECOND CHANCE	A
GOT TO HAVE IT	A	STRAIGHT AHEAD	P
ITS ABOUT TIME	P	SURRENDER AND RECOVERY	A
JUST FOR TODAY	P	SURRENDER TO LIVE	A
KEEP COMING BACK	A	THE MIRACLE CONTINUES (Miracle on 9 th Bay)	P
LIFE AND HOPELINE	A	THE POINT OF FREEDOM	A
MENS RAP	A	WE CAN CHANGE	A
MIXED GROUP	P	WECOVERY	A
MON NIGHT CANDLELIGHT	P	WE NEED A MEETING	P
MORNING MEDITATION	P	THE GIFT OF HOPE	A

Quorum Established with 16 of 22 active groups

APPROVAL OF March 2026 MINUTES – Motion to Approve. Motion Passed 10-0-0

OPEN FORUM (5 minutes) –

ADMINISTRATIVE/SUBCOMMITTEE REPORTS:

CHAIR	No Report
VICE CHAIR	No Report
TREASURER	No Report
ASST TREASURER	No Report
POLICY CHAIR	Report
SECRETARY	Report
ASST SECRETARY	No Report
RCM	No Report
ALT RCM	Vacant
VRCC	Vacant
ALT VRCC	Vacant
PUBLIC RELATIONS CHAIR	Vacant
SPECIAL EVENTS CHAIR	Report
TACNA CONVENTION CHAIR	Report (Crystal)
LITERATURE CHAIR	Report
LITERATURE VICE CHAIR	Vacant
H&I CHAIR	Report
Phoneline	No Report
Webservant	No Report

OLD BUSINESS: TASCNA Positions needing nominations

VRCC- Open

ALT VRCC- David J nominated, Second by Chris P

Literature Chair – Stephanie C nominated, Second by Lisa Q

Alternate Literature Chair- Elton C nominated, Second by Tara D

ALT RCM – Open

Public Relations- Open

NEW BUSINESS:

Nominations for TASCNA Service Positions -

CHAIR	Jonathan W
VICE CHAIR	Sabrina H
TREASURER	Tara D
ASST TREASURER	OPEN

POLICY CHAIR	OPEN
SECRETARY	Joseph L
ASST SECRETARY	Open
RCM	Open
ALT RCM	Open
VRCC	Open
ALT VRCC	David J
PUBLIC RELATIONS CHAIR	Open
SPECIAL EVENTS CHAIR	Earl H
LITERATURE CHAIR	Stephanie C
LITERATURE VICE CHAIR	Elton C
H&I CHAIR	Open

Area Elections will take place at May TASCNA meeting. New officers will assume positions in June

Policy Committee will meet May 16th 11am @ Norview United Methodist Church

New Computers distributed and signed for by –
 Webservant – Ann V
 Treasurer – Sabrina H
 Secretary- Joseph L

Budget for 2026-2027 year finalizing for June

Area will Meet May 17th due to Mothers Day Holiday.

Motions- No new motions were presented

ANNOUNCEMENTS:

Literature: Please text your literature order to Stephanie C (757-277-3305) with your name and your group's name on the order form.

If you have any new NA event information, please send the details and flyers to Ann V. so that she can upload them to the Tidewater Area NA website. You may email it to the TASCNA secretary (see below), and I will forward it to Ann.

Please email any reports to: Tascna123@outlook.com

Straight Ahead homegroup needs support on Wednesday from 7:15-8:30 pm at Christ Presbyterian Church, 709 Aragona Blvd. Step and Tradition: How and Why Book.

Life and Hopeline has a new meeting at Obici Hospital, 7-8:30, and needs support.

Awesome Life homegroup needs support. Meets Tuesdays @ 7:30pm. Great Bridge United Methodist Church, 201 Stadium Dr, Chesapeake.

Mixed Group needs support. Meets Sundays @ 8pm 1301 Colley Ave, Norfolk VA, 23517

New Meeting – Rainbow Serenity – Saturdays @6p, - LGBT Life Center, 5360 Robin Hood Road, Norfolk, VA, 23513

Celebrations

Cathy- 21 years @ Just for Today on 4/22

Jeri A – 36 years @ We need a Meeting on 4/26

Al M – 26 years @ We need a Meeting on 4/26

Joseph L – 5 years @ Monday Night Candlelight on 5/25

Julius K – 17 years @ Agape on 4/24

Dennis J- 3 years @ Agape on 4/24

John J – 34 years @ Agape on 4/24

MOTION TO CLOSE – Motion by Herman , Seconded by Chris P. Motion pass 16-0-0

Meeting closed with the Serenity Prayer.

In loving service,

Mike K and Joseph L

Tascna123@outlook.com

This Justification sheet is intended to allow GSR's and any other members interested in the budget the opportunity to see how we came up with the amounts. The Proposed budget is also broken down by quarter to allow easier understanding of flow on how we will handle the quarterly donations to Region, Zonal or World.

Fixed Expenses	Yearly Amount	Justification Notes
Rent	\$1,000.00	Paid Qtly March, June, Sept, Dec to Norview United Methodist Church
Area Prudent Reserve	\$5,000.00	(Per Policy)
Public Relations (Brothers Ink Subscription)	\$500.00	This is about \$38.06 monthly some months it is a little more so the rounding to \$500 allows for that small variation
USPS (PO BOX)	\$332.00	This is a yearly expense that generally increases yearly and around April. (Currently expecting an increase letter)
Twilio (helpline)	\$130.00	This is set up as a prepaid account that adds when needed.
Zoom	\$430.00	Paid monthly by invoice \$35.68 (roughly each month)
Webpage (Ionos)	\$200.00	Invoiced yearly and this includes the renewal for the website and necessary certificate
Totals	\$7,592.00	
Variable Expenses		
Free State (literature purchasing)	\$18,000.00	(\$1,500.00 after reviewing what was spent last year we spent a little under this each month, however, there was an increase on some items that was about 18%. We decided to keep this the same amount since we were a little under each month and that should suffice for the increase.
Chair	\$0.00	Is a reimburseable budget, with receipt and justification of expense
Vice Chair	\$0.00	Is a reimburseable budget, with receipt and justification of expense
Treasurer	\$0.00	Is a reimburseable budget, with receipt and justification of expense
Secretary	\$0.00	Is a reimburseable budget, with receipt and justification of expense
Policy	\$0.00	Is a reimburseable budget, with receipt and justification of expense
VRCC	\$270.00	(\$90.00 per trip up to 3 trips per year, This meeting happens virtually, however, if our VRCC decided to go in person the meeting takes place in Charlottesville, VA which is about 177 miles (Averages a 3hr trip one way from Va Beach). This budget allotment requires gas receipts and any hotel lodging if that is necessary.
VRCC Alt	\$270.00	(\$90.00 per trip up to 3 trips per year, This meeting happens virtually, however, if our VRCC decided to go in person the meeting takes place in Charlottesville, VA which is about 177 miles (Averages a 3hr trip one way from Va Beach). This budget allotment requires gas receipts and any hotel lodging if that is necessary.
RCM	\$180.00	(\$60.00 per trip up to 3 trips per year. This meeting happens virtually, however there are some In-Person meetings that are required and these happen generally in Fredricksburg, VA which is about 160 miles (Averages a 2.5hr trip one way from Va Beach). This budget allotment requires gas receipts and any hotel lodging if that is necessary.
RCM Alt	\$180.00	(\$60.00 per trip up to 3 trips per year)
Public Relations	\$400.00	(This budget would be used to cover expenses necessary for any events, with receipts provided from the PR)
Literature	\$240.00	(\$20.00 p/mo reimbursable office expense with receipt provided, generally covers small expenses such as rubberbands, staples ect...)
Special Events	\$500.00	(seed money per policy)
H&I (\$500 per Learning Day and there are 2 learning days per year	\$1,000.00	(\$500.00 learning day x2)

H&I (\$300.00 p/mo Literature)	\$3,600.00	(\$300.00 p/mo Literature)
H&I (\$50.00 p/mo reimbursable with receipt)	\$600.00	(\$50.00 p/mo reimbursable with receipt, things could include items such as mailing books, pamphlets to insitutions ect...)
Totals	\$25,240.00	

Other Expense Items

TABA Fest	\$250.00	This event is only every other year. They also get \$250.00 from BANA area and after the event the \$250.00 seed money is returned to both areas as well as a 50/50 split of any monies made over expenses.
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Donations (Region, Zonal or World)	50% above Operating Expenses Quarterly	Any Variable expense monies not utilized will drop to the operating budget on a quartly basis and per policy a donation will be made quarterly to either region, zonal or world depending upon the ability of the Region or Zone to accept the donation and utilize. This was set up this way as we have seen a significant decrease in members willing to serve and therefore all areas of service have met challenges with having people in positions to accept, use and forward monies on. This allows us to donate the monies accordingly if we are in a time where monies may not be able to be utilized and appropriated by region we can proceed to donating to zonal and so forth.
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TASCNA TREASURER REPORT APRIL 2026

<u>Opening Balance</u>	\$ 32,675.80
Home Group Donations	\$ 1,500.06
Literature Sales	\$ 1,368.00
Sub-Committee Donations	\$ 621.55
Reimbursements	
Other	
<u>TOTAL INCOME</u>	\$ 3,489.61

EXPENSES

Rent	\$ 250.00	(Check 1652-Q2 - June)
TASCNA Printing	\$ 47.68	Brothers Ink
Free State (literature)		
Post Master		
CHAIR		
VICE CHAIR		
TREASURER		
Secretary		
Policy		
RCM		
VRCC		
Public Relations		
Literature		
Special Events		
H&I	\$ 179.01	
CARNA Donations		
USPS	\$ 332.00	
Bank of America		
Website		autopay monthly
Twilio (phoneline)	\$ 11.31	autopay monthly as needed
Zoom	\$ 35.68	autopay monthly
TABAFEST		
<u>Other</u>	\$ 443.07	Laptop for PI
<u>TOTAL EXPENSES</u>	\$ 1,298.75	

Outstanding Checks	
<u>BALANCE</u>	\$ 34,866.66
<u>PRUDENT RESERVE</u>	\$ (5,000.00)
Outstanding Expenses	
<u>Operating Balance</u>	\$ 29,866.66

Home Group Donations	
AGAPE	\$316.00
BASIC MATH 12 & 12	\$92.00
BETTER DAYS	\$175.00
END OF THE NIGHT	\$40.00
GIRLS NITE OUT	\$200.00
IT'S ABOUT TIME	\$70.56
JUST FOR TODAY	\$63.00
LIFE & HOPELINE	\$25.00
MIXED GROUP	\$50.00
MON NIGHT CANDLELIGHT	\$25.00
MORNING MEDITATION (ZOOM-LITERATURE)	\$173.00
NEW PHASE IV	\$12.00
WE NEED A MEETING	\$214.50

for April 1, 2026 to April 30, 2026

TIDEWATER AREA SERVICE COMMITTEE OF NA

Account summary

Beginning balance on April 1, 2026	\$32,675.81
Deposits and other credits	3,489.61
Withdrawals and other debits	-1,048.75
Checks	-250.00
Service fees	-0.00
Ending balance on April 30, 2026	\$34,866.67

April Literature Report 2026

Literature INV. \$ 1254.91

Literature Sold 3-8	\$ 987.00
H+I	<u>\$ 90.00</u>
Cash app	<u>\$ 90.00</u>
monies Recieved	\$ 807.00
 	
 	

Inventory Rm 3-8 \$ 3198.59

Subject: Hospitals and Institutions April Report 2026

To whom it may concern,

Thank you for allowing me to serve the Tidewater Area as the Hospitals and Institutions chair. The subcommittee is excited to announce we have taken on Maryview Hospital as a renewed commitment this month. We look forward to welcoming **any and all** trusted servants, with greater than six months clean time. Have a blast serving with us and furthering the life saving message of Narcotics Anonymous!

The subcommittee welcomed **three** new members ready and willing to serve! Our annual Learning day was a huge success. We had an overwhelming turnout. A tremendous thank you is graciously extended to all who served and contributed this year. We could not have done it without you!!!

Our subcommittee meets on Zoom and in-person. The physical subcommittee meeting is held at Norview United Methodist, and virtually through the tidewater area zoom account. We meet at noon, on the second Sunday of every month. If you are interested in attending the subcommittee to be of service, please reach out to myself or any other subcommittee member for further information.

In Loving Service,

Sarah Yauger
Hospitals and Institutions Chair

Satisfactory

Free State Regional Service Center N.A.
217 N. Warwick Ave.
E-Mail BARSC@verizon.net
Baltimore, MD 21223
410 566-4022
Fax 410 362-8505

Invoice No: 108425
Date: 02/21/26

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Sold To: Teresa Davenport
Tidewater Area
2002 Ann Street
2002 Ann Street
Portsmouth, VA 23704

Customer No: 1532
Phone No: 757.724.3685

Ship To: 2002 Ann Street
Portsmouth, VA 23704

Cust. Order #:

Salesperson: #2 - Frank

Product Code	Item Description	Qty	Unit Price	Amount
1101	1101 Basic Text Hard Back	9	15.65	140.85
1110	1110 A Spiritual Principle A D	4	14.95	59.80
1112	1112 Just For Today Meditation	2	12.30	24.60
1140	1140 It Works How&Why (Hd)	6	12.30	73.80
1150	1150 Living Clean Hard Back	1	13.35	13.35
1201	1201 Guiding Principles	5	13.35	66.75
1400	1400 Step Working Guide	12	11.60	139.20
1200	1200 Introductory Guide To NA	100	2.45	245.00
3107	3107 Am I An Addict	50	0.27	13.50
3108	3108 Just For Today	50	0.27	13.50
3111	3111 Sponsorship	50	0.27	13.50
3116	3116 For The Newcomer	50	0.27	13.50
4100	4100 White Welcome Keytags	100	0.64	64.00
4102	4102 Green Keytag (60 days)	100	0.64	64.00
4103	4103 Red Keytag (90 days)	100	0.64	64.00
4107	4107 Gray (18 Mos.)	50	0.64	32.00
4108	4108 Black (Multiple yrs.)	50	0.64	32.00
1315	1315 15 yr.Tri-Plate	1	26.00	26.00
4302	4302 2 yr. Bronze Medallion	2	4.37	8.74
4303	4303 3 yr. Bronze Medallion	2	4.37	8.74
4301	4301 1 yr. Bronze Medallion	2	4.37	8.74
4304	4304 4 yr. Bronze Medallion	2	4.37	8.74
4308	4308 8 yr. Bronze Medallion	5	4.37	21.85
4311	4311 11 yr. Bronze Medallion	5	4.37	21.85
4315	4315 15 yr. Bronze Medallion	2	4.37	8.74
4319	4319 19 yr. Bronze Medallion	2	4.37	8.74
4323	4323 23 yr. Bronze Medallion	2	4.37	8.74
4331	4331 31yr Bronze Medallion	2	4.37	8.74
4335	4335 35 yr Bronze Medallion	2	4.37	8.74
4336	4336 36vr Bronze Medallion	2	4.37	8.74

Frank

Sub-Total: 1230.45
Discount: 79.98
Shipping: 104.44
Tax [0]: EXEMPT *

=====
Total: 1254.91
DUE UPON RECEIPT: 1254.91
=====

Closed Tuesday - Wednesday - Thursday
Office Hours Mon and Fri 12 noon - 4pm
Sat. 10am-4pm

Amount Paid: 0.00
Amount Due: 1254.91
Change: 0.00

Special Events

4-12-26

Committee met 6 members
in attendance

A date was set for our next
event, possibly June 27th.

Location still to be determined
Committee will meet on 19th to further
finalize our plans.

We hope to have a flyer available
at next Area.

In Loving Service
Earl W.

April 12, 2026

TACNA CHAIR REPORT

Hello Family,

The convention host committee met last Sunday @ 3 pm. The subcommittees will meet for the first time starting in May. All committees need support. There is one position open on the convention committee, and that is the Fundraising and Entertainment Chair position, which requires a minimum of 2 years of clean time. Please let your home groups know that this position is open, and if there is someone who wants this position, they can come to the host committee meeting on May 3rd @ 3 pm.

The convention Committee is having a Hawaiian Hula Dance on Saturday, May 9th, from 8 pm- 12 am. This will be held at Emmanuel Episcopal Church, 5181 Singleton Way in Virginia Beach. Tickets are 15 in advance and 18 at the door. Food will be sold. I have Tickets.

The audit for TACNA XXII was complete, and I have a copy of the 2026 Audit and the summary, and will give a copy along with my report to the Secretary. The total Profit from TACNA XXII in 2026 was 1,553.88, and the area donation @ 40% will be \$621.55, for which I have a check for today.

TACNA XXIII will be held again at the Marriott Hotel in Norfolk on Feb 26-28, 2027. We have an initial flyer out at this time, and I will give a copy along with my report to the Secretary.

ILS, Crystal T.

TACNA 2026 AUDIT

The Audit committee met on Saturday, March 21, 2026, at 2:00 pm for the task of auditing the Tidewater Area Convention of Narcotics financial books. The committee of two, Liz S. and Mark W. were accompanied by the TACNA Treasurer, Shelby J. The audit period was approximately April 1, 2025, thru March 21, 2026.

Documents presented were:

TACNA Check book containing all check stubs and check copies relating to the audit period.

Bank Statements were reviewed digitally for the Primary Bank account and the Prudent Reserve, for the audit period.

Receipts for expenditures, organized by month, as were deposits.

The following conclusions were agreed upon by the audit committee:

That all checks were written in numerical order and that all checks were accounted for and verified that they paid appropriate expenses.

That all checks were signed by two people as prescribed by the By-Laws.

The following observations were made by the committee:

There was good organization to the receipts that were paid out of the checking account.

The current treasurer has done an outstanding job of organizing and maintaining the records of TACNA.

All deposits were recorded in the check book. The treasurer has made excellent notations as to the source of all deposits.

Recommendations of this committee continue as follows:

The treasurer will continue to maintain records, on a daily basis, and should continue to organize records to facilitate future audits.

Bank Account reconciliations should continue to be completed/approved monthly by someone other than a signer on the account or a person responsible for

TACNA 2026 AUDIT

making deposits on the account. The reconciliation ties the check book to the Bank Statement for the month, listing outstanding checks. These records should be maintained for a period of 7 years.

Note, this is not presently an issue but being stated as a necessary control, **blank** checks should NEVER be signed by any signer.

Signers on the bank account should be reviewed whenever there is a change of chairpersons and/or Treasurer that are listed as signers or at least on a yearly basis.

Due diligence in collecting registration fees and continuing fund raisers is imperative for this committee, if they are to continue to stage a Convention in the Tidewater Area, as these are the primary sources of income.

Overall, this audit of the TACNA books showed no misrepresentations, and it is the opinion of this audit committee that the Treasurer has done a commendable job.

A summary statement of the position of the TACNA Cash account is attached.

Further, it is recommended that the in-coming Treasurer be given a copy of this report, additionally, Mark and I agree that we would be available for consultation by the incumbent treasurer.

We thank you for the opportunity to work on this audit.

Liz S.,
Audit Committee
Cell: 757-681-0711

Mark W.,
Audit Committee
Cell: 757-438-5435

TACNA
Audit Summary
Audit Period Ending March 21, 2026

Net Profit Computation

Balance in Checkbook, Verified with the Bank Statement by the Audit Committee	\$ 54,174.21
Reductions:	
Less Advance Sales for 2026 Convention	In Prudent Reserve Account
Beginning Balance April 1, 2025	\$ 52,620.33
Total of Reductions:	\$ 52,620.33
Additions:	No Additions
Total Profit from TACNA 2026	\$ 1,553.88
Area Donation @ 40%	\$ 621.55
Current Bank/Checkbook balance at 04/01/2026	\$ 54,174.21
Balance in Prudent Reserve @ 04/01/2025	\$ 25,000.00
Advance 2027 Sales Reserved until after Audit	\$ 4,999.00
Balance of Prudent Reserve at Audit	\$ 29,999.00
Current Balance of Prudent Reserve	\$ 29,999.00
Grand Total of TACNA Treasury	\$ 84,173.21

Norview United Methodist Church

Building Guidelines 2026

Back door key management

If you are the authorized group leader and issued a key, NEVER give your key to another individual or make a copy. Failure to adhere to this policy may result in your group's use of the building being revoked.

When entering the building

1. After unlocking the back door, turn on the light by the window.
2. The back door must be relocked, and someone must sit at the door to allow guests to enter. Keep back door always locked for building safety.
3. Using a wedge to keep the door open is not allowed. Using the latch on the back of the door to bring in bulk items is allowed, but please remember to lock the door.

If you need to smoke

1. Please stand in the parking lot and away from the entrance.
2. Deposit cigarette butts in the trash can by the entrance and not on the grass or parking lot. Police the area and keep it clean, please.

The Social Hall

1. If you are planning any celebrations outside your meeting time, you must schedule the social hall and pay fees for renting the space. Costs range depending on the length of your event. Do not arrive early to set up or decorate if Pastor Gail does not have you scheduled for an event on the master calendar.
2. Please return the social hall tables and chairs to the previous layout.
3. Make sure all tables are washed if food and/or coffee are served.
4. Spills on the floor must be wiped up. Use mop in janitor's closet.
5. Trash can lid must be secured and if you fill the cans, please empty trash in the green cans located at the back of church. Place new bag in the trash cans.
6. Turn off all lights and close the doors before leaving.

Use of Kitchen

1. If you make coffee, empty grounds in trash and clean up cups, spoons, etc.
2. Do not make half pots of coffee as it causes problems with the machine.

3. The refrigerators are for church use only unless you are renting the facilities for a party.
4. Mark food if planning to use for event or if you are leaving for the church.

Restrooms

1. Please check restrooms before leaving the church.
2. Check each stall for cleanliness. Clean up messes on floor and toilet bowls. Cleaning products are found in the janitor's closet down the hall from the office.
3. Make sure lights are turned off.

Using the classrooms

1. Return furniture to its proper place after meeting.
2. Break down cardboard boxes if you unload materials. Blue recycling cans are located at the back of the church.
3. Clean and wipe off tables if you have food or drinks.
4. If you eat food, please do not leave uneaten food in the trash cans as this attracts bugs and creates bad smells. Dispose of food containers in kitchen trash cans.
5. If you turn on air conditioners, please remember to turn them off.
6. Close door when leaving.

Please report any problems to Bruce Whitfield, Trustees Chair, 757.403.3183 or Pastor Gail at 757.855.6583 (office) or 757.641.2260 (cell).

You and your group are important to our church, but we are trying to honor God's House and keep everyone safe.